

2020 NDHSAA STATE TRACK & FIELD MEET SCHEDULE

May 22 & 23 - Bismarck Bowl, Bismarck, ND

FRIDAY

8:45 a.m. - Parade of Athletes/National Anthem
9:45 a.m. - 300 Meter Hurdles - Prelims
10:30 a.m. - 4 x 200 Meter Relay - Prelims
11:30 p.m. - 1600 Meter Run - Final
12:30 p.m. - 100 Meter Dash - Prelims
1:15 p.m. - 400 Meter Dash - Prelims
2:00 p.m. - 110/100 Meter Hurdles - Prelims
2:45 p.m. - 200 Meter Dash - Prelims
3:30 p.m. - Class A 4 x 800 Meter Relay - Final
4:15 p.m. - 4 x 100 Meter Relay - Prelims
5:00 p.m. - Class B 4 x 800 Meter Relay - Final

SATURDAY - ALL FINALS

8:45 a.m. - National Anthem
11:00 a.m. - 300 Meter Hurdles
11:30 a.m. - 4 x 200 Meter Relay
12:00 Noon - 3200 Meter Run
1:00 p.m. - 100 Meter Dash
1:30 p.m. - 400 Meter Dash
2:00 p.m. - 110/100 Meter Hurdles
2:30 p.m. - 200 Meter Dash
3:00 p.m. - 800 Meter Run
3:30 p.m. - 4 x 100 Meter Relay
4:00 p.m. - 4 x 400 Meter Relay

NOTE: Events to be run in this order: A Boys, B Boys, A Girls, B Girls

FIELD EVENTS

FRIDAY

8:45 a.m.
Parade of Athletes

9:45 a.m.
Shot Put - B Boys
Javelin - A Boys
Triple Jump - B Girls
Pole Vault - A Girls

11:45 p.m.
Shot Put - A Girls
Javelin - B Boys
Long Jump - A Boys
High Jump - B Girls

1:45 p.m.
Shot Put - B Girls
Javelin - A Girls
Triple Jump - B Boys
Pole Vault - A Boys

3:45 p.m.
Shot Put - A Boys
Javelin - B Girls
Long Jump - A Girls
High Jump - B Boys

SATURDAY

8:45 a.m.
National Anthem

9:00 a.m.
Long Jump - B Boys
Discus - A Boys

10:00 a.m.
Pole Vault - B Girls

11:00 a.m.
Triple Jump - A Girls
Discus - B Boys
High Jump - A Boys

1:00 p.m.
Long Jump - B Girls
Discus - A Girls

2:00 p.m.
Pole Vault - B Boys

3:00 p.m.
Triple Jump - A Boys
Discus - B Girls
High Jump - A Girls